

NATIONAL INSTITUTE FOR EMPOWERMENT OF PERSONS WITH MULTIPLE DISABILITIES (NIEPMD) (DIVYANGJAN)



Dept. of Empowerment of Persons with Disabilities (Divyangjan)
Ministry of Social Justice & Empowerment, Govt. of India



Kiran Mental Health Helpline: 1800-599-0019



Department of Special Education



Sanitation Needs for Persons with Disabilities



SPECIAL CAMPAIGN 2.0



STANDARD OPERATING PROCEDURES Sanitation and Hygiene for CWSN



CONTENT

1. Introduction
2. Basic
3. Guidelines Implemented by school in regards to sanitation and hygiene for children with disabilities
4. SOP for School
5. SOP for Parents
6. SOP for Visitors
7. Check your progress
8. References

**“Be the change you want to see in the world”
-M.K.Gandhi**



1. Introduction:

Maintaining a clean and hygienic environment is essential for the health and well-being of all individuals.



The COVID-19 pandemic has highlighted the importance of good hygiene practices, and the need for individuals, communities, and institutions to take proactive measures to reduce the spread of illness.

SOP has been developed as part of special campaign 2.0, building upon the previous Swachht Bharat initiative, with a focus on promoting sanitation and hygiene for children with disabilities in India.

SOP guidelines provide practical guidance on how to implement in different settings.

By following SOP, individuals, communities, and institutions can play a vital role in promoting public health and the well-being of children with disabilities in India.

2. Basics:

1. Hand Wash:

- Build time into daily routines for children and staff to wash hands, especially at key times like after bathroom breaks, before lunch, or after playing outside.



2. Social Distancing:

- Maintain a distance of at least 1 metre
- Keep hands clean
- Wear a mask indoors, and outdoors when physical distancing isn't possible
- Cover coughs and sneezes when not wearing a mask
- Open windows and doors to ventilate classrooms and common areas
- Get vaccinated.
- Remember to stay home when you are feeling unwell.
- Display Signage and markings for enforcing physical / social distancing and safety protocols.



3. Garbage Disposal:

- Remove garbage from dustbins and, if necessary, clean them.
- Provide separate dustbins for recyclable and non-recyclable materials.
- Return cleared trash cans to their original location.
- If any trash is found anywhere in the complex, pick it up immediately.



3. Guidelines Implemented by School in regards to Sanitation and Hygiene for Children with Disabilities: (24x7)

- At least 1 inspection a day may be recommended
- Ensure accessibility of toilet
- Accessible toilets include features such as
 - a) lower mirrors and
 - b) washbasins,
 - c) contrasting toilet seat colour,
 - d) grab rails and
 - e) braille signage.
- Training to staff and fellow students.
- Collaboration with relevant health authorities.
- Develop and implement policies and procedures to maintain cleanliness and hygiene standards in the school.
- Regularly monitor and evaluate the cleanliness and hygiene conditions in the school to ensure that they meet the necessary standards.
- Implement the school's policies and procedures for maintaining cleanliness and hygiene, as outlined in the standard operating procedure (SOP).



Accessible Toilets for Children with Disabilities:

1. Fixtures, including toilets and sinks, should be free of streaks, soil, stains, and soap scum.
2. Should have good-quality basic fittings like ablution taps and wash basins, etc.
3. Mirrors and windows should be free of dust and streaks.
4. Dispensers should be free of dust, soiling, and residue and should be replaced or replenished when they are empty.
5. Waste should be disposed of appropriately on a daily basis.
6. Provisioning of soap, toilet paper, hand towel/dryer, sanitary pad dispensers, dustbins, and other necessary items
7. Toilet bowls, urinals, and adjoining areas should be cleaned with disinfectant on a daily basis, and the use of acid-based disinfectants should be avoided.
8. Toilet floors should be kept dry to the extent possible or feasible.
9. There should be a well-functioning drainage system.



Playground:

1. Sweeping of the park and garden area regularly
2. Removing grass and hedge trimmings on the same day
3. Cleaning park benches and other outdoor equipment every day.
4. sweeping basketball court/volleyball court area
5. Ensure that no water trenches stay in the playground.



SOP For Model School:

Timing	SOP in School
9.00am to 9.30am	<p>Availability of hand sanitation for Parents, children and Teachers in the entrance.</p> <p>Availability of thermal screening in entrance.</p> <p>Demarking of Social Distancing in the campus with 6 feet distance.</p> <p>Provision of providing mask in the entrance.</p> 
9.30am to 9.45am	<p>Arrival of children</p> <p>Monitoring temperature and observation for any symptoms of illness</p> <p>Use of hand sanitizer and clean his/her hand and bags.</p> <p>Look for Parents message if any.</p> 
9.45am to 10.00am	<p>Maintaining Social Distance during Prayer, classroom activities, play time, meal time and other leisure periods with the help of teachers and care taker.</p> 
10.00am to 10.15am	<p>Children with special Needs enters into classroom with social distance, with mask and school bag.</p> 
10.15am to 10.30am	<p>Setting arrangement should be arranged in classroom by teachers and care taker with proper social distance for children with special needs.</p>
10.30am to 11.15am	<p>Classroom activity with indigenous materials which is maintained with proper sanitation. Care taker and teacher should ensure safety of children by avoiding mouthing of the materials. Provide flash card with lamination.</p> 
11.15 am to 11.30 am	<p>Break- with proper social distancing</p> <p>Encouraging students to use the restroom and wash their hands as needed.</p> <p>With the Help of care taker and parents Children with special needs will use the Accessible Toilets and hand wash with proper hand wash.</p> 

Timing

SOP in School

11.30am to 12.45pm

Classroom activity with indigenous materials which is maintained with proper sanitation. Care taker and teacher should ensure safety of children by avoiding mouthing of the materials.

1.00pm to 2.00pm

Meal time for children with special needs by following the SOP protocol with food hygiene and proper hand wash with the help of care taker and teachers.

2.00pm to 3.30pm

Classroom activity with indigenous materials which is maintained with proper sanitation. Care taker and teacher should ensure safety of children by avoiding mouthing of the materials.



3.30pm to 3.35pm

Screening of temperature and recording in the student dairy

Ensure sanitation of van driver and other persons working in the school van and marking of the seats with social distance.

Sanitation of the students hand and bags prior to boarding into the bus.

Allow students to board the bus with social distancing.



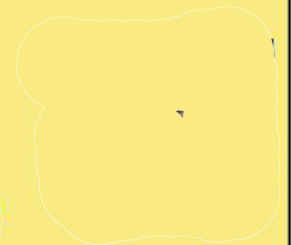
9am to 3.30pm

Visitors allowed only in Wednesday into Model school

9.00 am to 3.30pm

Parents of children with special needs should be in waiting hall. In wait hall sanitation and hygiene have to provide in waiting area.

Parents are allowed to school to see children in Break and lunch time



SOP For Parents

Timing	SOP for Parents
9.00 am to 5.30 pm	<p>Availability of hand sanitation for Parents, children and Teachers in the entrance.</p> <p>Availability of thermal screening in entrance.</p> <p>Demarking of Social Distancing in the campus with 6 feet distance.</p> <p>Provision of mask at the entrance.</p> <p>Maintain the social distance and register details in reception.</p> <p>Provide the information and the necessary directions to the parents in the reception.</p>
9.00 am to 3.30 pm	<p>Parents in school</p> <p>Parents in the school have to report in the office and wait at the waiting hall with proper sanitation and wearing mask.</p> <p>Parents will go to classroom during break and lunch time to take care children with special needs in school with proper sanitation and wearing mask.</p> <p>Parents to maintain the social distancing and to follow the SOP protocol.</p>



SOP for Visitors

Timing

All working Days
11.30 to 12.30 pm

SOP for Visitors

Availability of hand sanitation for Visitors in the entrance.

Availability of thermal screening in entrance.

Demarking of Social Distancing in the campus with 6 feet distance.

Provision of providing mask in the entrance.

Visitors from various institution have to follow the SOP and meet the concern Staff to make their visit.

Visitor should undergo thermal screening and wear mask.

Visitor should follow the social distance.

Avoid touching the materials and children with disabilities during their visit.

Cleaning and disinfecting the surfaces and shared materials regularly after the visit.

Issuing awareness posters of SOP to the visitors.

Establishing a protocol for visitors to follow in the event of a suspected or confirmed illness.

Collaborating with the school management committee and other staff members to ensure a clean and healthy learning environment for all students.

Visitors allowed only in Wednesday into model school



Check your Progress:

1. -----are accessibility features which help to move better
a) Ramps, wheelchairs b) Ball
2. -----are accessibility features which help to read better
a) Large printed materials, magnifiers glass b) Printer
3. ----- are accessibility features that help to hear better.
a) Behind Hearing Aid b) Vision glass
4. ----- are accessibility features that help to understand the environment better.
a) Mobile phone b) Play ground

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