

## 1. National Workshop:

NIEPMD organized the National Workshop on Research Methods in Special & Inclusive Education and Disability Rehabilitation during 1<sup>st</sup> – 3<sup>rd</sup> October 2018. Shri.Richard Rose, University of Northampton, U.K, Smt.Jayanthi Narayanan, Former Deputy Director(Academics), NIMH and Dr.Johnson Janet, University of Northampton, U.K were the Resource Persons of the program.



## 2. Cerebral Palsy Day:

World Cerebral Palsy Day was celebrated at VRCH CAMPUS, BHUBANESWAR by NIEPMD EXTENSION CENTRE in collaboration with NCSCDA, BHUBANESWAR, Government Of India and DEIC (RBSK), Capital Hospital, Govt. Of Odisha on 1st October 2018. It includes various recreational, cultural and educational activities. Above 100 Divyangjan along with Rehabilitation Professionals of different govt. different govt. hospitals were participated

and give their best in different events to make it successful. Winners of the events were felicitated with Appreciation of participation.



### **3 World Mental Health Day:**

The Department of Clinical Psychology, NIEPMD celebrates World Mental Health Day every year and this year it was celebrated over a month. The theme of the year is YOUNG PEOPLE AND MENTAL HEALTH IN A CHANGING WORLD. This year awareness programs were conducted in the institute, schools and community.

On 10<sup>th</sup> October 2018, balloons and awareness ribbons were distributed to the staff members, HRD students and Beneficiaries. M.Phil scholars designed a T-shirt with awareness slogans and wore it on that day. The program was officially inaugurated by The Deputy Registrar and the HODs of all the department. In the inauguration Student Counselling Cell, Career Counselling Cell and Personality Development Program for Adults with Disabilities was launched. Signature Campaign was initiated, where the staff members and students participated

- **Awareness Program for HRD Students (10<sup>th</sup> & 11<sup>th</sup> October 2018)**

The Program for HRD Students included awareness about the mental health of young people and stigma related to mental health issues. Interactive session comprised of topics such as stress, relationship issues, drug abuse and addiction and digital addiction. They gave their valuable feedback regarding the session and requested for more sessions in the future for them as well as for their families. Around 180 students benefited from the program.

- **Motivational Program for Securities and Housekeeping staff members (15.10.2018)**

The session started with awareness on importance of mental health, coping strategies and ways to sustain good mental health. Their queries about myths and facts of mental health were clarified through interactive session. Thankfulness videos by the NIEPMD clients and staffs about the supporting staffs and their valuable service was screened. There were fun based activities such as anthakshari, team work, connection, selfie taking etc. Prizes were given for winners of games conducted. They also shared their opinions and concerns. We provided a token of appreciation for them to express our gratitude. Around 60 participants took part in the program

- **Orientation Program on Mental Health in Work Place (25.10.2018)**

A brief introduction on World Mental Health Day Celebration was given and the theme of the year was introduced. Talk on understanding current youth and their mental health, stress management and work life balance was delivered. Group activities were conducted as stress busters. Thanks giving videos of the beneficiaries was screened. Around 35 staff members participated in the program

#### **SCHOOL PROGRAMS**

- **St. Joseph Matriculation School, Kovalam (13.10.2018)**

The students were given awareness about the theme of World Mental Health Day 2018 – “Young people and mental health n the changing world”. They were educated about stress and its impact, academic pressure, relationship issues, drug and digital addiction and the management strategies. A skit on youth mental health was enacted. An oath to maintain good mental health and drug free life was taken by all the students. Around 200 students participated in the program.

- **Government Higher Secondary School, Kelambakkam**

The students were given awareness about the theme. They were educated about the importance of mental health and stigmatization of it. They are also informed about mental illness and to seek mental health professionals for treatment if necessary. Later the session included topics such as academic stress and anxiety, time management tips, relationship issues, drugs and digital addiction and overall coping strategies for maintaining good mental health. Fun based activities focussing on team work, creativity, communication, perception, etc. was conducted through the session. Students asked their doubts and it was addressed. Finally they took oath. Around 200 students benefitted from the program.

#### **COMMUNITY PROGRAMS**

- **Street Play at Kovalam Beach & Kovalam Bus stand (13.10.2018)**

Street play was conducted at Kovalam Beach and Kovalam bus stand for creating awareness about mental health among general public on the theme - “Young people and mental health in the changing world”. The play covered topics such as relationship break up, digital and drug addiction and coping methods. M.Phil scholars and students of Diploma in Special Education participated in the street play. Awareness pamphlets (Tamil & English) were distributed to the public.

- **Flash Mob at Elliotts Beach, Besant Nagar** (14.10.2018, 7.30 - 10.00 am)

Flash mob was done to create awareness about mental health among general public. M.Phil scholars and students of under graduate courses and diploma courses of the institute participated in the event. Awareness pamphlets (Tamil & English) were distributed to the public.

### **PUBLIC MEDIA**

- An article “Mental Health Awareness” by Ms. Anusuya, II year, M.Phil Clinical Psychology, NIEPMD was published in “New Indian Express” Newspaper in English Language 10th October 2018. (<http://www.newindianexpress.com/lifestyle/health/2018/oct/10/mental-health-awareness-its-a-state-where-one-can-have-a-sharp-and-healthy-dialogue-within-and-wit-1883621.html>)
- An article “Digital Addiction” by Ms. Rebecca Lalnundiki, II year, M.Phil Clinical Psychology, NIEPMD was published in “The Aizawl Post” in Mizo Language on 26<sup>th</sup> October 2018.

### **Valedictory:**

Valedictory was conducted on 25.10.2018. The report on the World Mental Health Day celebration was presented with the photos of the events and video of the flash mob. On his speech, Director insisted on conducting many such programs. The congratulated and motivated the team.







World Mental Health Day was celebrated at NIEPMD EXTENSION CENTRE, Bhubaneswar, and Odisha on 10<sup>th</sup> OCTOBER 2018. On the Occasion Leaflet regarding Awareness of Mental Illness would be provided to clients visiting extension center.



#### 4. Exposure Tour:

The special School students of Deafblind Unit visited the Birla Planetorium on 16<sup>th</sup> October 2018.



## 5. World Occupational Therapy Day

World Occupational Therapy was celebrated by Department of Occupational Therapy, NIEPMD on 27<sup>th</sup> October 2018. The theme of the year is Celebration our Global Community. To mark the occasion NIEPMD organized various programs from 23<sup>rd</sup> to 27<sup>th</sup> October 2018. This five days program comprises of Individual and group competition, cultural program as well as public awareness program.

1. On 23<sup>rd</sup> October 2018, Nail Painting, Face paint and Pot painting competition for all the HRD students of NIEPMD . The jury of the competition was Smt. Leelavathy (Lecture – Special Education and Smt. Gowri (Senior Clinical Psychology).



2. On 24<sup>th</sup> October 2018, Group competition was conducted among all the HRD student of NIEPMD for making collage about the theme of the OT day. The jury of the Program was Dr.K.Balabaskar and Shri.S.Karthikeyan



3. On 25<sup>th</sup> October 2018, Group competition of Art from waste product was conducted for HRD students of NIEPMD. The Jury of the program was Dr.J.Vijayalakshmi and to create awareness among general public about disability in the field of disability handouts distributed.



4. On 26<sup>th</sup> October 2018, the following Occupational therapy activity stall was kept for clients, parents, HRD students and faculties of NIEPMD. Pyramid making by disposal glass, building blocks by chopstic, hit the target using hoolla loops, pandora box, blowing the balls, pot making







5. On 27<sup>th</sup> October 2018, the flash mob was organized at PVR Grand Square, Velacheery, Chennai to create awareness among the general public about Occupational Therapy



World Occupational Therapy Day was celebrated at NIEPMD EXTENSION CENTRE, Bhubaneswar on 27<sup>th</sup> OCTOBER 2018. It includes various recreational, cultural and educational activities. Above 50 Divyangjan of different categories were participated and give their best in different events to make the event successful.



## 6. Sports Meet:

NIEPMD organized the Inter Institutional Sports Meet for Pre-service Special Educators & Rehabilitation Profession(North-Zone) at National Institute of Technology, Kurukshetra, Haryana during 29<sup>th</sup> – 30<sup>th</sup> October 2018. Shri.Krishan Kumar, Hon'ble Minister for Social Justice & Empowerment and Welfare of SC and BC, Govt. of Haryana, declared the Sports meet to open on 29<sup>th</sup> October 2018.



## 7. National Workshop

The National Workshop is organized by the Department of Empowerment of Person with Disabilities (*Divyangjan*), Ministry of Social Justice and Empowerment, Government of India **on Physical and Mental Disabilities in the Light of Global Best Practices in Care, Rehabilitation and Research** on 23<sup>rd</sup> October 2018 at Pravasi Bhartiya Kendra, Chanakyapuri, New Delhi; The workshop was hosted by National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD), Chennai.

The objective of the workshop is to help our country's commitment under the UNCRPD RPWD Act and help to establish uniformity in the services for persons with disabilities. It will also support protocol development in the service delivery; encourage adaptation of global best practices to Indian context. The workshop will assist us in implementation of best-practices for all the 21 disabilities covered under the RPWD Act. It will help us fine tune our practices of disability-specific, discipline-specific, model-specific, approach-specific

Dr. Thaawarchand Gehlot, Cabinet Minister, Ministry of Social Justice and Empowerment, Government of India had inaugurated the workshop in the presence of

Ms. Shankuntala D. Gamlin Secretary, DEPwD, MSJ&E; Dr.Kamlesh Kumar Pandey, Chief Commissioner for Persons with Disabilities, Government of India; and Ms. Dolly Chakrabarty, Joint Secretary, DEPwD, MSJ&E; and many other eminent scholars of the disability sector.

The experts have been invited from premier rehabilitation institutions, hospitals, universities, and RCI recognized institutions from across the country. The workshop was attended by over 300 participants from State and Central Government , Universities, National Institutions, Eminent Hospitals, Eminent NGOs, Scientists, and Experts of repute from the disability sector. An overwhelming response has been received from each leading stakeholder of different states of the country, including Government and Non-Government Organizations. Principal Secretaries, Secretaries, and Commissioners of Health, Social Welfare, and Disability Department from different states have attended the workshop. The Chief Medical Officers of many important cities and District Social Welfare and Disability Officers also participated in the programme. The Heads of leading NGOs from across the country have participated in the national workshop.



## 8. Seminar:

NIEPMD and Maria Special Education Services jointly organized International Seminar on Learning Disability from 26<sup>th</sup> 27<sup>th</sup> October 2018. Dr.Ruth Falzon, Dept.of Counseling, University of Malta, Dr.Dione Mifsud, Dept.of Counseling, University of Malta, Shri.Edwin Fenech, CEO, Eden Leisure Group and Dr.Maria Fatima Josephine, Founder & Director, Maria Special Education Services, Chennai were the Resource Persons of the Program.



## 9. Memorandum of Understanding

The Department of Empowerment of Persons with Disabilities (DEPwD), MSJ&E, GOI signed Memorandum of Understanding (MoU) with Govt.of Sikkim for Land allotment to set up the Composite Regional Centre for Persons with Disabilities at Sikkim

## 10. Setting up of University for Disability studies

Dr.Sakuntala D Gamlin, Secretary to Smt.Sakuntal D, DEPWD, MSJ&E, GOI, Smt.Dolley Chakrabarty, Joint Secretary to GoI, DEPWD, MSJ&E and Dr.Himangshur Das, Director, NIEPMD held discussion with Shri.Sarbananda Sonowol, Hon'ble Chief Minister of Assam for Setting up of University Disability studies in Assam on 29<sup>th</sup> October 2018

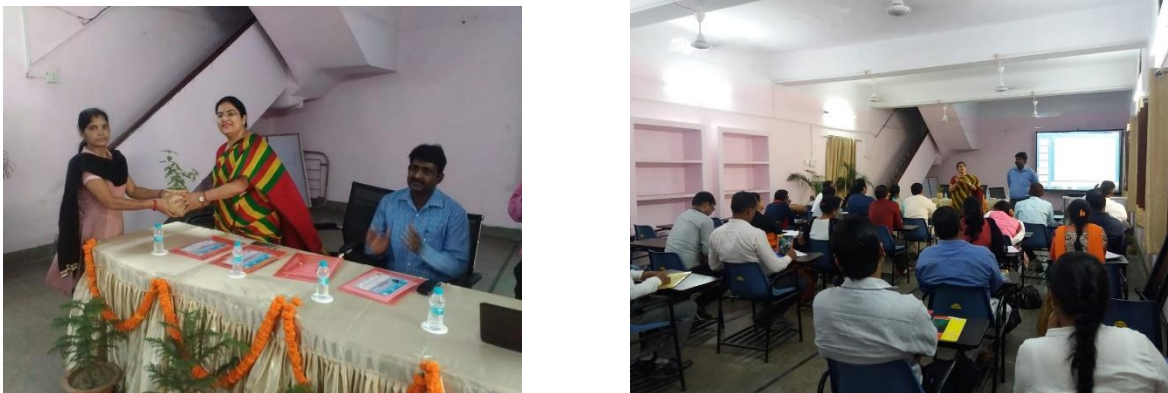
Glimpses of Activities photos of CRC Gorakhpur



CRE Program on Communication Options in Teaching Children with Hearing Impairment” durint  
1<sup>st</sup> to 5<sup>th</sup> Oct 2018 at CRC Gorakhpur



CRE Program on “Understanding Transition in the Life of Persons with Disabilities across Life Span, Infant,  
Children, Adolescent & Old Age” during 8<sup>th</sup> to 12<sup>th</sup> Oct 2018 at CRC Gorakhpur



CRE Program on “Family Centered Interventions with Families of Children and Adults with Disabilities” during  
23<sup>rd</sup> to 27<sup>th</sup> Oct 2018 at CRC Gorakhpur



Indian Sign Language Training Prog. at CRC Gorakhpur in collaboration of “Deaf Welfare Society” Gorakhpur on 6<sup>th</sup>, 7<sup>th</sup> & 21<sup>st</sup> Oct 2018:



SWACCHATA PAKHWADA Clean drive activities at CRC Premises